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# PRAYER GUIDE

A worship-based prayer time  
through Psalm 33:13-22



**NATIONAL DAY OF PRAYER**

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Provided by



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# BEGIN WITH SCRIPTURE

## Psalm 33:13–22

<sup>13</sup> The LORD looks down from heaven; he sees all the children of man; <sup>14</sup> from where he sits enthroned he looks out on all the inhabitants of the earth, <sup>15</sup> he who fashions the hearts of them all and observes all their deeds. <sup>16</sup> The king is not saved by his great army; a warrior is not delivered by his great strength. <sup>17</sup> The war horse is a false hope for salvation, and by its great might it cannot rescue. <sup>18</sup> Behold, the eye of the LORD is on those who fear him, on those who hope in his steadfast love, <sup>19</sup> that he may deliver their soul from death and keep them alive in famine. <sup>20</sup> Our soul waits for the LORD; he is our help and our shield. <sup>21</sup> For our heart is glad in him, because we trust in his holy name. <sup>22</sup> Let your steadfast love, O LORD, be upon us, even as we hope in you.

## I. REVERENCE

In the prayer pattern Jesus gave His disciples, He instructs us to **begin with a focus of worship**. (“Our Father in Heaven, hallowed be Your name...”). We call this upward focus: Reverence. Before we ask anything of God, we begin with His character, His works, His person, and His promises -take time to focus your entire being on the wonders of who God is.

<sup>13</sup> The LORD looks down from heaven; he sees all the children of man; <sup>14</sup> from where he sits enthroned he looks out on all the inhabitants of the earth, <sup>15</sup> he who fashions the hearts of them all and observes all their deeds.

### POSSIBLE PRAYERS:

- We praise you that you sit enthroned over all the earth, even over \_\_\_\_\_.
- Thank you that you are in control of \_\_\_\_\_ .
- We know that today you see all people including, \_\_\_\_\_ .

## II. RESPONSE

We now turn in response to God’s character and consider His will, His Word, and His purposes on earth. Let’s yield our hearts and minds to the control of the Holy Spirit as we respond to His invitations. Introspection and surrender mark this time of response, as we look to the accomplishment of His will in our lives.

<sup>16</sup> The king is not saved by his great army; a warrior is not delivered by his great strength. <sup>17</sup> The war horse is a false hope for salvation, and by its great might it cannot rescue.

### POSSIBLE PRAYERS:

- God, only you can save me from \_\_\_\_\_.
- Lord, today I place my hope in you and not in \_\_\_\_\_.
- I choose to trust you today, because only you \_\_\_\_\_.

## III. REQUESTS

Now that we have rightly worshipped our God and Savior — and we have wholly surrendered to His will for our lives — we can now boldly bring our requests before Him, knowing that we are asking “in His name” and for His glory.

<sup>18</sup> Behold, the eye of the LORD is on those who fear him, on those who hope in his steadfast love, <sup>19</sup> that he may deliver their soul from death and keep them alive in famine. <sup>20</sup> Our soul waits for the LORD; he is our help and our shield.

### **POSSIBLE PRAYERS:**

- God, please bring deliverance to \_\_\_\_\_.
- Lord, please give your wisdom and counsel to \_\_\_\_\_.
- God, be a shield to \_\_\_\_\_ today.
- Help me to have a great fear of You in \_\_\_\_\_.
- Please be my help and shield as I deal with \_\_\_\_\_.

## **IV. READINESS**

As we close we are now mindful of the spiritual battle that awaits us, and more importantly, reassures us of the Holy Spirit's power within us. We entrust our welfare to the power of God's presence and promises. We pledge ourselves to walk in obedience and victory as the fruit of our praying.

<sup>21</sup> For our heart is glad in him, because we trust in his holy name.

<sup>22</sup> Let your steadfast love, O LORD, be upon us, even as we hope in you.

### **POSSIBLE PRAYERS:**

- My heart is glad in you because I trust you will \_\_\_\_\_.
- Let your steadfast love be upon \_\_\_\_\_ as they hope in you.